

## AF CONFLICT MANAGEMENT COACHING EVALUATION FORM

Coach's Name and Installation: \_\_\_\_\_

1. My conflict management coaching sessions were: (Please circle)

Date(s): \_\_\_\_\_ (In person) (Via telephone) (Via VTC)

Date(s): \_\_\_\_\_ (In person) (Via telephone) (Via VTC)

2. Please provide your grade/rank : \_\_\_\_\_

3. Are you in a supervisory role? (Yes) or (No)

4. Did this process help you identify ways to better manage a controversy (or conflict) or potential one? (Please circle) (Yes) or (No)

5. **CMC Process:** The following questions concern your experience with the conflict management coaching process. Please tell us how satisfied you were with each of the following features of the process. (For each feature, check the column corresponding to your opinion.)

Feature	Very Satisfied	Satisfied	Neutral	Dissatisfied	Very Dissatisfied
Clarity, quality, and quantity of information you received about the process.					
Ability to clarify your goal.					
Gain a better understanding and perspective of the conflict.					
Identify options to move forward.					
Prepare a plan to achieve my goal.					
Identify new insight of the conflict or myself.					
Outcome of the process compared to what you expected.					

Feature	Very Satisfied	Satisfied	Neutral	Dissatisfied	Very Dissatisfied
Overall, how satisfied were you with the process?					

6. **CMC Coach:** Please evaluate your conflict management coach using the following chart.

Feature	Very Satisfied	Satisfied	Neutral	Dissatisfied	Very Dissatisfied
Assisted me in identifying my goal and steps to reach my goal.					
Created a comfortable and safe environment.					
Strengthened my knowledge, skills, and abilities to engage more effectively in conflict.					
Followed the AF 5 P's model to help me reach my goal.					
Helped me explore options and challenges to reaching my goal.					
Provided open and honest feedback.					
Left the decision-making up to me, absent pressure or advice.					

Feature	Very Satisfied	Satisfied	Neutral	Dissatisfied	Very Dissatisfied
Overall, how satisfied were you with the abilities of the coach?					

7. Due to the coaching experience and what I have learned, I believe I have saved an estimated \_\_\_\_\_ [hours] in time/energy I might have otherwise spent on this conflict.

8. I believe I will be taking less time off due to stress related incidents. (Yes) or (No)

9. I believe I will be able to manage the situation without a formal claim/grievance. (Yes) or (No)

10. Would you recommend this process? (Yes) (No)

11. Would you recommend this coach? (Yes) (No)

12. Please provide any other comments regarding the CMC process and/or coach. Feel free to attach additional pages. \_\_\_\_\_

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